

MEDICAL INFORMATION

Keep this record with you
at all times

Name _____
Address _____
Phone _____



In case of emergency, dial 911

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EMERGENCY CONTACTS

In case of emergency, please
contact

Name _____
Phone _____
Doctor Phone _____
Doctor Phone _____
Pharmacy Phone _____
Other _____
Phone _____

In case of emergency, dial 911

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CHRONIC CONDITIONS

Indicate any ongoing medical
concerns

Blood pressure
 Asthma
 Diabetes
 Heart disease
 Cancer
 Other

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PRESCRIPTION MEDS

List prescription medications you
are currently taking

Med	Dose	Time
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

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OVER THE COUNTER

List your current over-the-
counter medications

Aspirin
 Antacids
 Allergy relief
 Cold medicine
 Diet pills
 Laxatives
 Sleep aid
 Vitamins
 Supplements
 Other

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ALLERGY RECORD

List all allergies and your
reaction

Allergy Reaction _____
Allergy Reaction _____
Allergy Reaction _____
Allergy Reaction _____
Allergy Reaction _____
Allergy Reaction _____
Allergy Reaction _____

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IMMUNIZATION RECORD

Enter the date you were last
immunized

Tetanus _____
Flu _____
Pneumonia _____
Hepatitis _____
Other _____

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NOTES

Add any additional information
here

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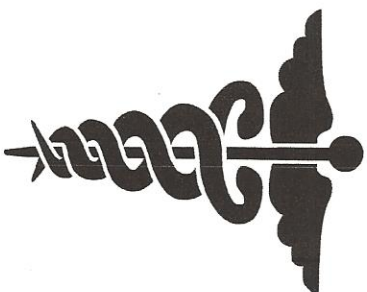
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